



## 9. SPORT DLA KOBIET *SPORTS FOR WOMEN*

AUTOR: BOGUMIŁ FILIPIUK

Ćwiczenie ma na celu przybliżenie młodzieży niektórych dyscyplin sportowych i kobiet w nich uczestniczących. Młodzież zapoznaje się z tekstami mówiącymi o roli sportu w walce kobiet o swoje prawa w społeczeństwie, ćwicząc przy tym czytanie ze zrozumieniem.



9. SPORT  
DLA  
Kobiet  
SPORTS  
FOR  
WOMEN

**Zagadnienia:**

- ▶ Władza polityczna, demokracja i prawa człowieka
- ▶ Różnorodność i stosunki międzykulturowe

**Czas trwania:**

- ▶ 20 minut

**Cele ćwiczenia:**

- ▶ Dowiesz się, jaki związek może mieć sport z walką o prawa kobiet.

- ▶ Podasz nazwy niektórych sportów.

**Związek z podstawą programową:**

- ▶ 1.10, 3.1, 12

**Zagadnienia językowe:**

- ▶ Czytanie ze zrozumieniem

**Środki dydaktyczne i materiały:**

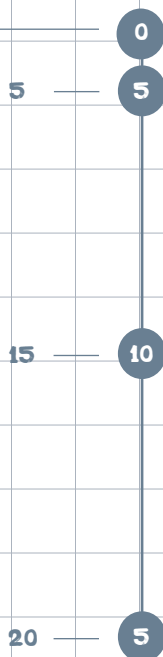
- ▶ Załącznik

**Słownictwo:**

- ▶ kidnapped - porwany przez porywaczy
- ▶ concerned - zatroskany/a
- ▶ independent - niezależny/a
- ▶ confident - pewny/a siebie
- ▶ race car - samochód wyścigowy
- ▶ Middle East - Bliski Wschód
- ▶ taboo - temat tabu
- ▶ to forbid - zabronić
- ▶ army veteran - weteran/ka wojenny/a



MIN



**PRZEBIEG ĆWICZENIA:**

**1.** Poinformuj uczniów i uczennice, że ćwiczenia, którą będą wykonywali, dotyczą kobiet w sporcie. Zadaj pytania:

- ▶ *What sports are women good at?*
- ▶ *What famous sportswomen do you know?*
- ▶ *What are your favourite sports for girls?*
- ▶ *What sports would you like to do?*

**2.** Rozdaj karty pracy z tekstami dotyczącymi roli sportu w transformacji pozycji społecznej kobiet (załącznik nr 1). Zadanie polega na wstawieniu w luki słów w odpowiedniej formie, a później dopasowaniu nagłówków do odpowiednich tekstów. Młodzież wykonuje zadanie indywidualnie lub w parach. Odczytajcie odpowiedzi na forum klasy.

**KLUCZ**

- 1) a.** 1. women, 2. junior, 3. subjects, 4. their, **b.** 1. nearest, 2. dangerous, 3. beaten, 4. their, **c.** 1. done 2. her 3. gets, **d.** 1. friends 2. the fastest 3. countries 4. first, **e.** 1. stopped 2. won 3. to, **f.** 1. ride, 2. forbidden, 3. After, 4. social  
**2) a-5, b-7, c-8, d-1, e-3, f-6**

**3.** Po zakończeniu ćwiczenia zapytaj uczniów i uczennice:

- ▶ *What sports are women good at?*
- ▶ *What do you think about women on bikes?*
- ▶ *Can sport transform the role of women in society?*
- ▶ *Are there sports which are reserved only for men?*

**Załącznik:**

Załącznik nr 1 - *Exercise: How sport is changing the lives of women of the world*

**Źródła:**

- Artykuł „How Bikes Prevent Rape and Empower Girls in Rural Cambodia“: <http://bit.ly/bikescambodia>
- Artykuł „Meet the Badass Speed Sisters - Palestine's First All Women's Racing Team“: <http://bit.ly/racingpalestine>
- Artykuł „40 Years After Title IX, the Playing Field Still Isn't Level“: <http://bit.ly/wfootballusa>
- Artykuł „Bicycles: Making good women go bad since the 1800s“: <http://bit.ly/bikingissue>
- Blog <https://mountain2mountain.wordpress.com/>

# HOW SPORT IS CHANGING THE LIVES OF WOMEN OF THE WORLD

1) Read the texts below and fill in the gaps with the provided words, adjusting them to the correct form. In each case there is one extra word which doesn't fit to the text.

**a. Heading:** .....

**Words:** junior, woman, subject, they, who

The wheel changed the course of human history and now a bicycle can change the life of 1. \_\_\_\_\_ developing countries. Girls given bikes in 2. \_\_\_\_\_ high school finish universities and end studies in 3. \_\_\_\_\_ such as law, economics, pedagogy, rural development and nursing. They change not only their own lives but also the future of 4. \_\_\_\_\_ families.

**b. Heading:** .....

**Words:** they, near, dangerous, big, beat

In Cambodia, many girls finish only primary school because the 1. \_\_\_\_\_ secondary school is too far to go on foot. Furthermore, this walk is 2. \_\_\_\_\_. Girls walking alone can be kidnapped or 3. \_\_\_\_\_, the aggression is alarming and parents are very concerned about letting 4. \_\_\_\_\_ girls walk alone to school.

**c. Heading:** .....

**Words:** get, do, she, take

"I think [the bicycle] has 1. \_\_\_\_\_ more to help women than anything else in the world. It gives a woman a feeling of freedom and independence. The moment she takes 2. \_\_\_\_\_ seat she knows nothing bad can happen to her unless she 3. \_\_\_\_\_ off her bicycle - away she goes, the picture of a free, independent and confident woman."

Susan B. Anthony

**d. Heading:** .....

**Words:** friend, one, fast, country, do

Marah is a race car driver. She and her brave 1. \_\_\_\_\_ from Palestine started driving a race car around her city. The girls compete with each other for the title of 2. \_\_\_\_\_ woman. They want to show that women can compete with men in Palestine and other 3. \_\_\_\_\_. Together they are the 4. \_\_\_\_\_ all-women motor racing team in the Middle East—the "Speed Sisters".

**e. Heading:** .....

**Words:** stop, to, win, go

In the USA the Women's Professional Soccer league was 1. \_\_\_\_\_, becoming the second women's pro soccer league to be closed in the past 10 years. The American female team 2. \_\_\_\_\_ the silver medal in the World Cup and they hoped 3. \_\_\_\_\_ start in the Olympics.

**f. Heading:** .....

**Words:** after, ride, social before, forbid

Members of the Afghan women cycling team are the first women to 1. \_\_\_\_\_ bikes in Afghanistan. This is possible thanks to support of the Mountain2Mountain organisation. These women are breaking one of the last taboos in the country, where they are 2. \_\_\_\_\_ to do sports. Now they are preparing for the 2020 Olympics. 3. \_\_\_\_\_ four years of working in Afghanistan, M2M will start their first program in the United States, helping young women and female army veterans. The bike is a vehicle for 4. \_\_\_\_\_ and cultural justice everywhere.

2) Put the headings listed below with the appropriate paragraphs.

**HEADINGS:**

- |                                |                                 |
|--------------------------------|---------------------------------|
| 1. Female drivers              | 5. A change in life             |
| 2. Bicycles for boys and girls | 6. Afghan National Cycling Team |
| 3. Football not for women      | 7. Risks of walking alone       |
| 4. A gift from America         | 8. Free on two wheels           |